

# CALIFORNIA

## 2023 Clothing + Equipment List



We've provided packing recommendations below; however, equivalent items work just fine. We also offer many items for sale or rent via our online store. These items are marked with an "x" in the appropriate column.

Links to our online resources:

[You can shop the California Clothing + Equipment List on the Gear Store!](#)

EQUIPMENT			
Gear	Quantity	Purchase	Description
<b>Backpacks &amp; Bags</b>			
Duffel Bag	1		70 Liters ( <i>Recommendation: Patagonia Black Hole Duffel 70 L</i> ); No wheels, please!
Day Pack	1	x	20 – 30 liter daypack /school backpack to carry your rain jacket, water bottle and snacks ( <i>Recommendation: Patagonia Refugio Pack 26 L</i> )
<b>Sleeping Gear</b>			
Sleeping Bag	1		Synthetic sleeping bag rated 20° – 30° Fahrenheit with a compression stuff sack
Ground Pad	1		Insulating ground pad ( <i>Recommendation: Therm-a-rest RidgeRest or Therm-a-Rest ProLite</i> )
<b>NOTE:</b> Your duffel bag needs to be able to fit all of your belongings. Your sleeping bag & ground pad will take up a lot of the room in your duffel, so we encourage you to pack light around those bulky items.			
<b>Additional Equipment</b>			
Water Bottles	2	x	Minimum 32oz water bottles ( <i>Recommendation: Nalgene 1L wide mouth</i> )
Cup with lid	1		Sturdy plastic or metal; thermal plastic mug is best ( <i>Recommendation: 16oz Nalgene wide mouth</i> )
Bowl with lid	1		( <i>Recommendations: Tupperware or Nalgene</i> )
Plastic spoon	1		( <i>Recommendation: Light My Fire spork</i> ); good idea to bring an extra
Headlamp	1		With fresh batteries + 2 sets of spare batteries ( <i>Recommendation: Black Diamond Spot or Black Diamond Storm</i> )
Sunglasses	1		With 100% UV protection ( <i>Recommendations: Goodr</i> )
Sunglasses holders	1		( <i>Recommendations: Crookies or Chums</i> )
Camp Chair	1	x	( <i>Recommendation: Crazy Creek</i> )

FOOTWEAR & CLOTHING			
Gear	Quantity	Purchase	Description
<b>Footwear</b>			
Trail/Tennis Shoes	1		A pair of comfortable, closed-toed, sturdy shoes
River Shoes	1		These can be open-toed but do need to have a back strap ( <i>Recommendation: Teva, Keen, or Chaco</i> )

Socks	4 pair		Non-cotton, lightweight hiking socks ( <i>Recommendation: Smartwool or Darn Tough</i> )
<b>Upper Body Layers</b>			
Long Underwear/Base Layer Top	2		1 synthetic, medium-weight long sleeve top ( <i>Recommendation: Patagonia Capilene Crew or Patagonia Tropic Comfort Hoody</i> ), 1 hooded sunshirt ( <i>Recommendation: North Face Wander Sun Hoodie</i> )
T-shirts	4	x	Minimum of 2 synthetic, non-cotton t shirts ( <i>Recommendation: Patagonia Capilene T-Shirt, Marmot Windridge</i> ), others may be cotton
Lightweight Top	1		Synthetic, non-cotton. This can be a fleece pullover, sweater, or a full-zip jacket ( <i>Recommendations: Patagonia R1 fleece</i> )
Fleece Jacket	1		Synthetic, non-cotton. This needs to be heavier than the lightweight top ( <i>Recommendation: Patagonia Synchilla or R2 Jacket</i> )
Insulating Jacket	1		Synthetic or down insulation, non-cotton. This can be a synthetic or down "puffy" jacket ( <i>Recommendation: Patagonia Nano Puff</i> )
Rain Jacket w/ Hood	1		100% waterproof rain jacket with a hood - no ponchos! ( <i>Recommendations: Patagonia Torrentshell or Marmot Precip</i> )
Sports Bra	3		For girls
<b>Lower Body Layers</b>			
Long Underwear/Base Layer Bottom	1		One (1) synthetic, non-cotton medium weight long underwear bottoms ( <i>Recommendation: Patagonia Capilene Lightweight/Midweight bottoms</i> ); One (1) pair of sweatpants
Quick-dry Shorts	3		Synthetic, non-cotton shorts ( <i>Recommendation: Patagonia Baggies</i> )
Bathing Suits	2		Boys: your quick dry shorts can double as your bathing suit
Underwear	6		Synthetic, non-cotton are best (a couple cotton pairs are permitted)
Fleece pants or Sweatpants	1	x	Synthetic, non-cotton fleece pants or heavyweight long underwear bottoms ( <i>Recommendation: Patagonia Synchilla Fleece Pants, Patagonia R1 Pants</i> )
Long Pants	1		A pair of jeans, khakis, or yoga pants
<b>Head &amp; Hands</b>			
Gloves	1		Wool or fleece, non-cotton medium weight gloves
Warm Hat	1		Wool or fleece, non-cotton beanie
Baseball Hat	1	x	A baseball hat or wide-brimmed hat for sun protection
<b>PERSONAL ITEMS &amp; MISCELLANEOUS GEAR</b>			
<b>Gear</b>	<b>Quantity</b>	<b>Purchase</b>	<b>Description</b>
<b>Toiletries</b>			
Dopp Kit*	1		Contains: toothbrush, toothpaste, prescription medication, travel shampoo & soap, deodorant ( <i>Recommendation: Patagonia Black Hole Cube 6L – M</i> )
COVID-19 Vaccination Card + Copies	2		Valid COVID-19 vaccination card + 2 additional photocopies of your vaccination card
Small First Aid Kit*	1		Contains: Insect repellent, <b>waterproof sunscreen</b> , Band-aids, <b>Moleskin</b> , Chapstick w/ sun prevention, Wet Ones wipes, Dramamine (if prone to motion sickness), personal hand sanitizer

Prescription glasses + Contacts	2 pair		If your child wears glasses and/or contacts, please bring at least one spare pair of glasses/ lenses. Contact lens wearers should bring a pair of glasses as backup in addition to contacts
*Please keep all toiletries in your checked luggage, with the exception of your toothbrush and any personal/prescription medication			
<b>Miscellaneous</b>			
Wallet	1		Personal wallet with \$150 spending money
Bandana / Buff	2	x	For additional sun and wind protection. Buffs are tube-like and can be worn up to 12 different ways providing versatile sun protection. Can even be worn as a headband!
Whistle	1		Small, pea-less plastic will do
Pack Towel	2	x	Absorbent & quick to dry, large or extra-large works best ( <i>Recommendation: Sea to Summit Drylite Towel</i> )
<b>OPTIONAL GEAR</b>			
<b>Gear</b>	<b>Quantity</b>	<b>Purchase</b>	<b>Description</b>
Digital Camera*	1		With charger, extra battery, and 32-64 GB memory card ( <i>Recommendation: Canon Powershot G9 X</i> )
GoPro	1	x	With charger, extra battery, and 32-64 GB memory card ( <i>Used GoPros available for sale on Moondance Gear Store</i> )
External charger	1		Portable charger / power bank to charge camera and GoPro
Backpacker's pillow	1		A luxury to have while camping or on travel days
ENO Hammock	1		Students love to have this item for relaxation time
A good book	1		Paperback books are less bulky
Personal Protective Equipment: Mask	2	x	(2) reusable, breathable masks that completely cover nose and mouth and fit snugly; Moondance will not provide masks. To be used where it is required by trip location or outfitter.
Notebook with pen	1		For journaling

\*Since we don't allow cell phones during our trips, you may not use your phone as a camera. Leaders will take photos that will be shared at the end of the summer

## PACKING TIPS

**NOTE:** In the event that your luggage is delayed or lost in transit, we want you to be prepared. Therefore, wear tennis or hiking shoes on the plane. Plus, pack the following items from this packing list in your daypack / school backpack carry-on:

- A change of clothes (underwear + t-shirt + shorts or pants)
- Your rain jacket
- Prescription medications & toothbrush
- COVID-19 Vaccination Card
- Optional Personal Protective Equipment: Mask (2)
- ID, money

**These items are already included in the packing list – they are not additional items!**

## LODGING / TRIP INFORMATION

**SLEEPING ARRANGEMENTS:** 4-person, single gender tents at frontcountry campsites.

**EATING ARRANGEMENTS:** Please bring all personal eating utensils listed on the packing list. Moondance will provide all group cooking gear.

If you have any special dietary restrictions / considerations, please contact the Moondance office for further information.

Questions? Please reach out to: [admissions@moondanceadventures.com](mailto:admissions@moondanceadventures.com)